

**CAROLINAS THERAPEUTIC HORTICULTURAL NETWORK
CTHN CONFERENCE – AUGUST 19-20, 2016
Triangle Area**

AGENDA for Friday, August 19, 2016

<http://farmatpennylane.org>

<http://www.herbhaven.com>

Entrances to all farms will be marked with balloons/other signage

1:50 – 2p	Arrival at Farm at Penny Lane, Pittsboro NC	Sally Haskett - host
2-3:30	Tour of Farm	Sally
3:30 – 4	Depart Penny Lane for Suki's Herb Haven, Graham NC	
4-4:15	Arrive Herb Haven, settle in*	
4:15 – 4:45	Tour of Herb Haven	Suki Roth
4:45 -5:15	Weeding exercise (involves actual weeding in Suki's garden)	Beth Schultz/Christene Tashjian/Suki
5:15 – 6	Medicinal plant meditation	Suki
6 – 6:30	Tour of apothecary; items available for purchase; dinner set up	Suki
6:30 – 8	Dinner at Suki's	
8 p	Departure to hotel	

*You will park on McBane Mill (street) and walk the long driveway to Suki's (alternative arrangements can be made for you if necessary). We suggest you bring a lawn chair or a beach towel to sit on during dinner. We're hoping to be outside, in the shade. You are welcome to bring an alcoholic beverage for Friday night (we'll have a cooler at the Farm at Penny Lane to put these beverages in). For the weeding exercise, bring gloves and a weeding tool of choice and anything else you need to feel comfortable weeding.

You have these additional options: (1) Participate from 2p – 6:30 p.m. on Friday and NOT join us for a group dinner at Suki's, or (2) Only show up for dinner at Suki's. [See registration form to indicate. We need an exact count for dinner since we will be ordering food and bringing to Suki's.]

AGENDA for Saturday, August 20, 2016

Eat breakfast at hotel and obtain your coffee (if needed) for the morning. This will be a coffee-free day; caffeinated ice tea will be available with catered lunch.

<http://transplantingtraditions.com>

<http://www.ramblerillfarm.com>

Time	Content	Facilitator/Speaker
8:30-8:50	Arrival at Transplanting Traditions, Chapel Hill NC	Nicole Accordino- host
9:00-10:15	Tour of Transplanting Traditions	Nicole
10:45	Arrival at RambleRill Farm, Hillsborough NC	NA
10:55-11:40	Tour of RambleRill Farm	Jane Saiers - host
11:45-12:15	Farm as setting for horticultural therapy/wellness programming	Jane, Sally, Nicole
12:15-1:00	Lunch and <u>self-introductions</u>	NA
1:00-3:00	HT marketing and communications	Annie Baggett, guest speaker
3:00-3:20: Background	Garden/plant metaphors in HT/wellness programming	Jane, Christene, Beth
3:20-3:50: Breakout		
3:55-4:10	Reconvene for debrief on metaphor activity	Christene/Beth
4:10-4:30	Wrap-up of weekend and evaluations	Christene/Beth
4:30	Departures	NA